



HEALTHY YORK Forum

SHINING A SPOTLIGHT ON HEALTH EQUITY, INNOVATION AND ACTION

TUESDAY, OCTOBER 22ND @ MARKETVIEW ARTS

8:15 AM- 12:00 PM



Welcome

Michele Mummert

Healthy York Steering Committee

VP, Grants & Community Engagement

York County Community Foundation

Thank you









Welcome

Dr. Steven Jacob

Executive Director, Center for Community Engagement

York College of Pennsylvania





Andrea Murray Director, REACH

Penn State College of Medicine



Advancing Health Equity Through Community Partnerships in Central Pennsylvania

What is REACH?

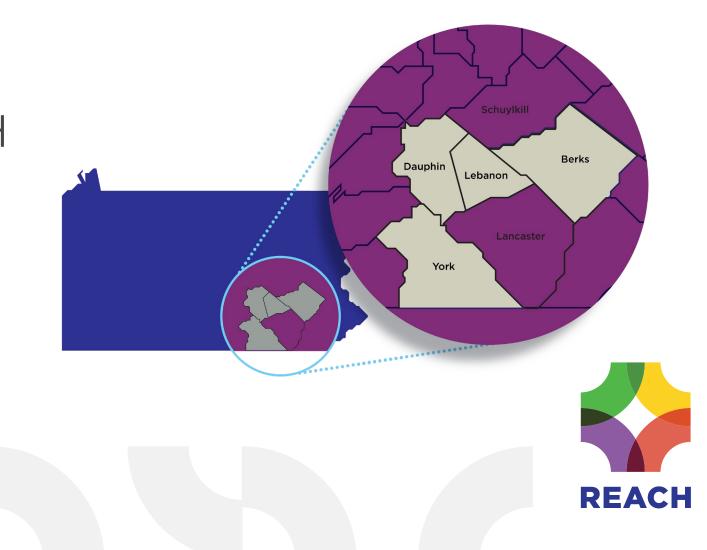
REACH is a national program administered by the Centers for Disease Control and Prevention (CDC) to reduce racial and ethnic health disparities.

- 50 organizations in 32 states and the District of Columbia received funding in 2023 to plan and carry out local, culturally appropriate programs.
- These programs use proven strategies to help improve health, prevent chronic diseases, and reduce health disparities.



Where is REACH?

The Penn State REACH catchment area includes Berks, Dauphin, Lebanon, and York Counties.



Who is the REACH Priority Population?

The U.S. Hispanic and Latino populations are the nation's largest and fastest-growing ethnic group.

- Expected to account for 28% of the U.S. population by 2060.
- 46% increase observed between 2010-2020 in Pennsylvania
 - The City of York 23%



Priority Population



Hispanics experience significant health disparities, including a disproportionate burden of chronic diseases such as type 2 diabetes and obesity. Hispanic adults have the highest rates of physical inactivity and more than double the rates of food insecurity.



HISPANIC communities in Central PA also experience lower vaccination rates, including COVID-19 and influenza, increasing the burden of vaccinepreventable diepaepe

REACH Project Steps to Action

needs





REACH Needs Assessment

Why are Community Needs **Assessments Important?**

2

 Helps to identify and prioritize the needs of a community

- Informs decisionmaking processes that can help community leaders and organizations make informed
 - plans.

Engages stakeholders by gathering input and feedback to ensure that needs and concerns of all individuals and groups within the community are addressed.

3

Monitoring and evaluating the impact of programs and services over time to identify gaps, track progress, and make adjustments if needed.





Penn State REACH Community Needs Assessment

In partnership with Franklin and Marshall College, the Penn State REACH team surveyed households using an address-based sampling methodology.

 Selected census tracts located in York County that contained a high incidence rate greater than 30% of Hispanic households.



Penn State REACH Community Needs Assessment

The survey:

- Included 800 randomly selected adults
- Was available in English and Spanish
- Could be done via:
 - Interviews through outbound calls
 - Interviews through inbound calls
 - Or a web survey
- There were 122 York County survey participants





Nutrition

Nutrition Strategy Fruit and Vegetable Voucher and Produce Rx Programs

Coordinate update and expansion of existing fruit and vegetable voucher incentive and produce Rx programs.

Brooks Prune

ellow Wax Beans

\$275 116

Assess utilization and barriers to the Farmers Market Nutrition Program and Senior Farmer's Market Nutrition Program, produce prescriptions programs, and nutrition incentive programs.

Food Security

Five out of ten respondents stated that the food they bought in the past 12 months just didn't last and they didn't have money to buy more.





Of residents have received emergency food from a food pantry or soup kitchen in the past year.



Food Security

17.7%

Of respondents have heard of nutrition incentives such as Double SNAP, Food Bucks, Market, or Farm Bucks



Of respondents have heard about farmers market nutrition programs before.

42.3% Of respondents were receiving SNAP benefits and only 10.6% Were receiving WIC benefits in the past 12 months.

Nutrition

Assessment of Food Service Policies, Practices, and Capacity

Promote food service and nutrition guidelines and health-associated food procurement in facilities, programs, and organizations where food is sold, served, and distributed.

• Conduct a baseline food environment assessment at places where food is sold or served.

Food Service Guidelines



Food Service Guidelines



Only 42.8% have fruits and vegetables available in their homes weekly.



Early Care and Education

Early Care and Education Strategy

Implement local-level policies and activities that improve nutrition, physical activity and breastfeeding and advance Farm to ECE.

• Complete a review of the state and local early care and education landscape.

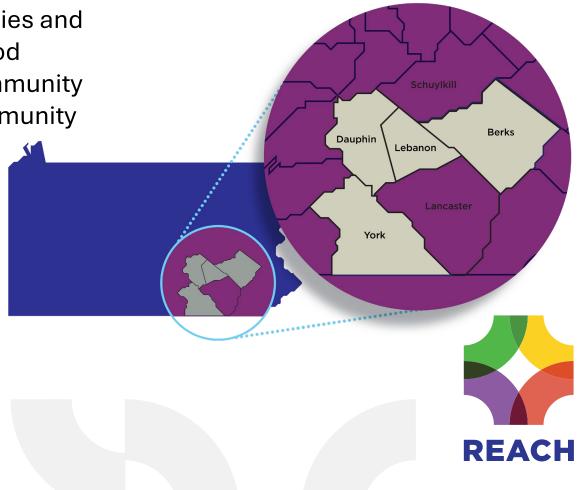


ECE in Central PA

Early Care and Education (ECE) aims to advance policies and activities that improve and uplift nutrition, address food insecurity, and facilitate connections to available community resources (e.g., grocery stores, farmers markets, community gardens, and local producers).

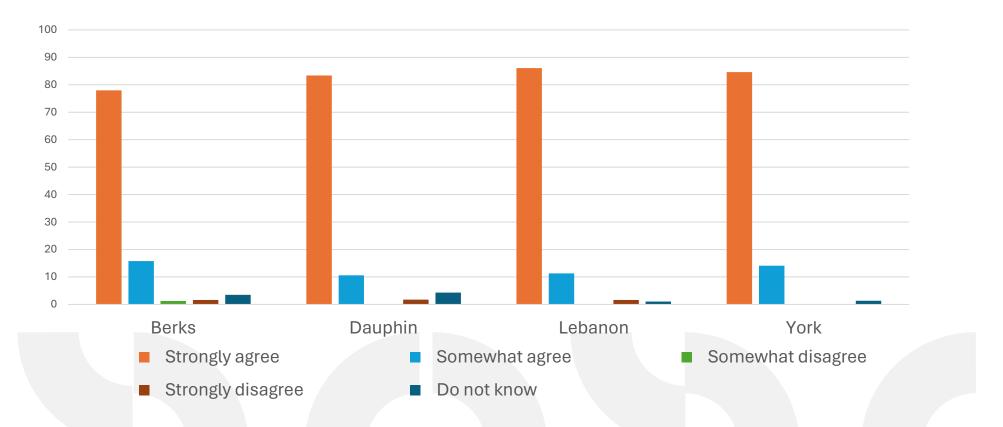
Out of the 660 households we surveyed in our four-county catchment area:

- 34% of households have children 18 or younger
- 42% of households identify as Hispanic or Latino



Community Survey Data

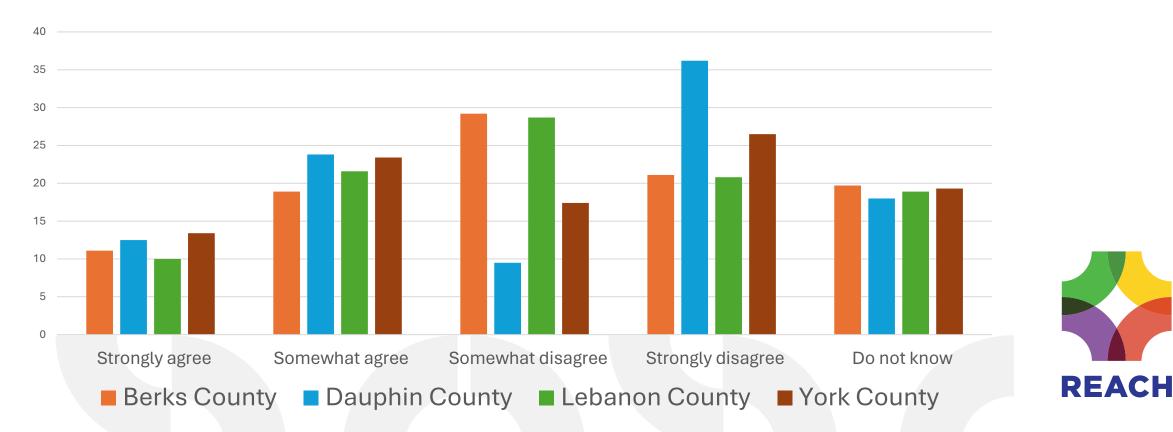
I would like early childcare and education programs in my community to follow healthy food guidelines.



REACH

Community Survey Data

Children in my community are getting enough healthy foods and drinks.



Future Questions

For Families/Community Members:

- Do you know what Farm to ECE is?
- Do you receive services at an ECE center?
- Do you have a community garden available to you?
- Would you use a community garden?

For ECE Centers:

- Questions around meals/snack services
- Experience with Farm to ECE
- Benefits of Farm to ECE
- Barriers to Farm to ECE





Physical Activity



Physical Activity Strategy

Implement local-level policies and activities to connect pedestrian, bicycle, or transit transportation networks to everyday destinations.

- Complete some of the Active Communities Tool modules in each county.
- Complete the AARP and the League of American Bicyclists Bike Audit Tool and identify a demonstration project for each county.

Physical Activity- York County

Residents of York County find increasing opportunities for physical activity in the county to be very important.





Physical Activity- York County

90.2% of York **County community** members feel that the community should have more opportunities for people to be active.



Physical Activity- York County

In York County trusted sources to provide messages to promote physical activity include:

- Hospitals or Medical Centers (88.6%)
- Local and State Health Departments (78.8%)

There are opportunities in York County to increase advertisement, or promotion, for physical activity.

In the past 30 days, have you seen, heard, or read any TV, radio, newspaper or online advertising about...



Why is this important? This type of health messaging can help promote healthy behaviors in the community!



Adult Vaccinations

Adult Vaccines Strategy

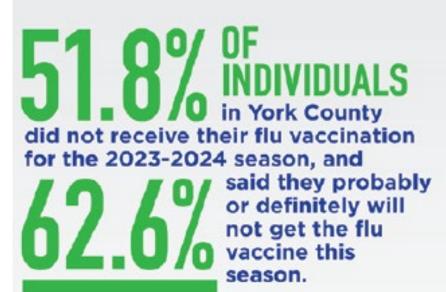
Increase awareness of, and access to, adult vaccinations.

- Conduct a partnership assessment of vaccination services and education to enhance cross-sector collaborations to increase vaccination opportunities for underserved and underinsured adults.
- Create partnerships to make adult vaccinations available in our catchment area.





Vaccine Acceptance





21.4 % OF INDIVIDUALS

in York County said they think the COVID-19 vaccine is not at all safe, and

20.4%

of respondents from York County reported that they received doses of the COVID-19 vaccine.



Vaccine Acceptance



70 60 50 40 30 20 10 0 PRSV PREUMOCOCCER Stringles Tetams HPV Freumococcel Stringles Tetams HPV

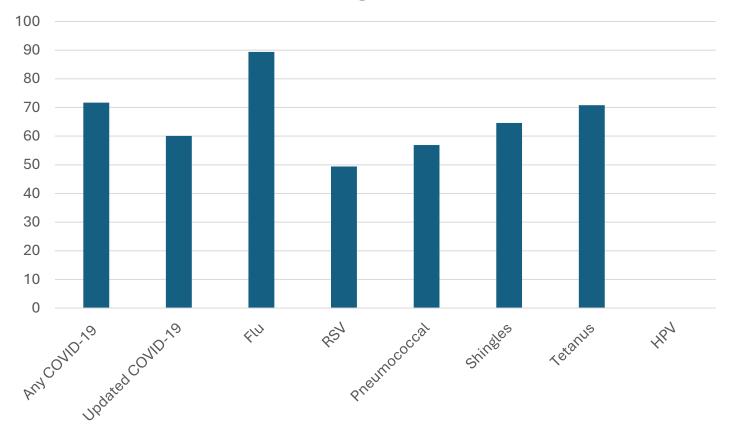
Adult Vaccines Received



Vaccine Acceptance

In York County, 84% of those whose providers recommended routine vaccinations received one or more adult vaccinations while only 68% of those whose providers did not recommend a vaccine received them.

A Healthcare Provider has Recommended the Following Vaccines





identify needs



Andrea Murray, MPH Penn State College of Medicine Amurray3@pennstatehealth.psu.edu





WIC Innovation & Outreach

Carly Hess WIC Program Director

Community Progress Council

COMMUNITY PROGRESS c o u n c i l

Innovative Outreach for CPC WIC

Carly Hess, WIC Program Director

Community Progress Council, York County's community action agency, empowers individuals and families to move toward selfsufficiency and advocates for change to promote community growth



WIC's Impact on Social Determinants of Health



социст

Barriers to WIC access

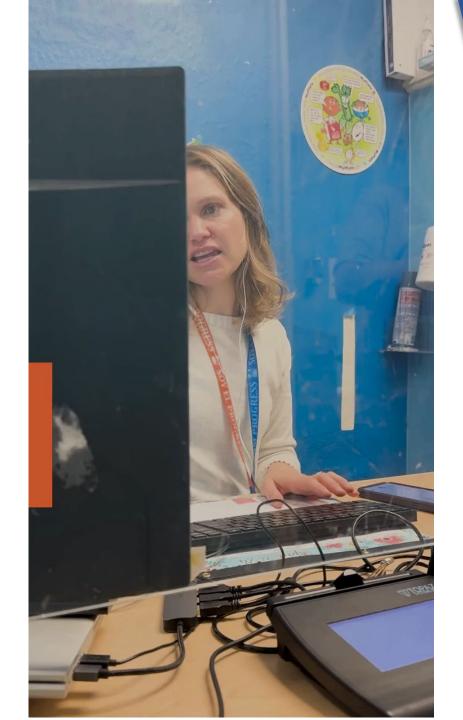
- Transportation
- Inability to take time off from work
- Difficulties with the WIC shopping process
- Language and cultural barriers
- General program requirements
- Appealing WIC food package





CPC WIC Innovative Outreach Strategies

- TeleWIC
- Reaching Limited English Proficiency (LEP) population
- WIC Mobile Unit









First Mobile WIC clinic debut was August 2024



Outcomes of WIC Innovation

More than 20% Increased WIC enrollment 30 Documents translated into Haitian Creole

5 Mobile Clinic locations Increased Community Presence & Awareness





Contact Information:

Carly Hess

chess@yorkcpc.org



Networking Break

15 mins



York County Gun Safety Initiative

Pam Gay Coroner,

County of York

Gun Safety Initiative

Harm Reduction to Reduce Gun-Related Deaths in York County

Formed as an outgrowth of our Child Death Review Team meetings . . . and the public response to the gun violence deaths being identified as a public health issue

GSI Mission -- to inspire and influence the collective consciousness regarding gun safety as a public health issue in York County. The vision of the York County Gun Safety Initiative is to reduce unintentional and intentional injury deaths in York County involving guns.

Violent deaths in PA and York County are a public health issue . . . Suicides, Homicides, Car Crash/Pedestrian Deaths, Drug Overdose Deaths, Infant Sleep Deaths

► These are reported to the PA DOH regularly by coroners and ME offices

► The cold, hard facts are this . . .

In York County, there are 60-80 suicide deaths annually and about 20-25 homicides annually, the majority involving people who inflict harm with guns (on themselves, others or both)

► In 2023, there were 6 domestic violence-related incidents in which a total of 14 people died (11/14 were gun-related, including two estranged couples and two couples who were non-estranged and three members of one family who completed a suicide-homicide agreement); there was also a shooting-death homicide of an 11 yr old boy by another young boy

▶ This year to date, 3 gun-related homicides have occurred in the city and 4 have occurred outside the city; the city has made tremendous strides in reducing their gun-related homicides (through efforts of YCPD, GVI, Clergy Chiefs Association, Black Ministers Association and others); overall county homicide rate year to date is trending LOWER – 11 -- with a little more than 2 months to go

▶ Past and current public health/public safety initiatives . . . Smoking, Bicycle helmets, Seatbelts and car seats, Safe Infant Sleep, Harm Reduction for those with Opioid Use Disorder

Gun-related deaths are not usually treated the same as above; if truly a public health problem, why wouldn't they be?

PROBLEMS FACED WHEN APPROACHING THIS ISSUE

Not enough mental health resources, not enough access to mental health resources (However, it is important to remember that some people who carry out gun violence do not have a diagnosable mental illness at the time of the incident.) Stigma of seeking help.

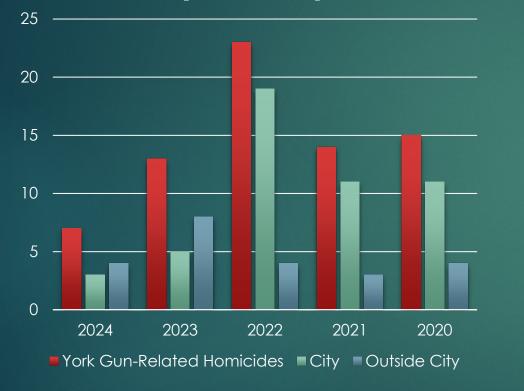
In a culture of gun ownership such as York County, safe, responsible gun ownership is of utmost importance – began trying to think of some ways we could achieve that on a consistent basis? Without the public fearing their gun rights will be affected/taken away?

► Gun-related deaths in city vs. gun-related deaths outside city may need to be approached differently . . .

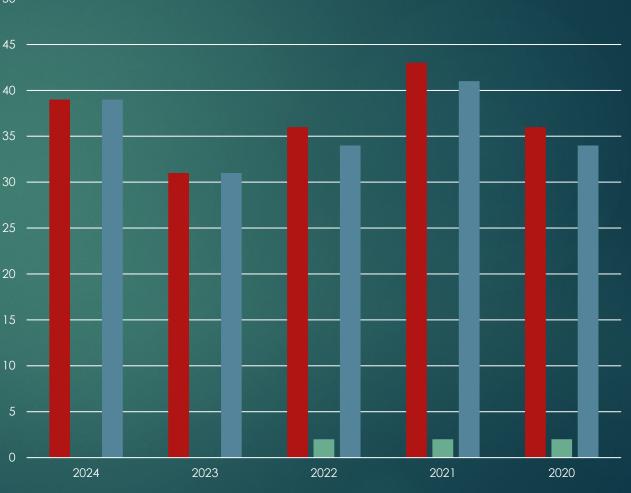
Challenge – Call to Action - With freedom comes responsibility. We must do better for our children, grandchildren and our community members in general by working with other concerned citizens and organizations to come up with solutions that promote the safety, health and well-being of all of us.

Suicides and Homicides – 2020 to YTD

Gun-Related Homicides (2020-YTD)



Gun-Related Suicides (2020-YTD)



■ York Gun-Related Suicides ■ City ■ Outside City

Our Ask of YOU

- We are seeking grant funding to (1) support a social media influencer campaign (utilizing an intern) and (2) lockbag purchase and distribution
- We are seeking partners to help us in this initiative lend us your ideas, your audiences, your input
- This harm reduction reaches all of York County -- Gun Safety keeps you and your loved ones safe

<u>4.6 million</u> <u>children</u> in the US live in homes with guns that are both <u>loaded</u> and unlocked.

wearorange.org

Firearms are <u>the leading</u> <u>cause of death</u> for children and teens in America.

wearorange.org



CONNECT

Kevin Jackson Project Consultant

CONNECT YORK



AGENDA

- Where we started.
- How we organized.
- How we determined our needs.
- How we evaluated our options and implemented a solution.
- How we are launching and connecting.



Where we started.

HOW CAN WE IMPROVE HEALTH AND WELL-BEING IN YORK COUNTY?



How we organized.

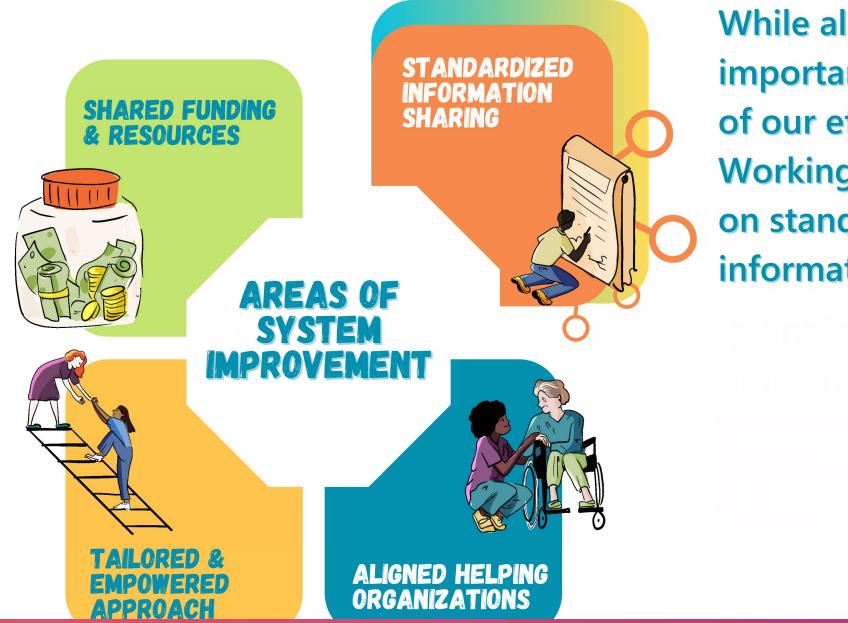
INITIAL WORKGROUP (40+)

ADVISORY COMMITTEE (20+)

LEARNING TEAM (5+)

How we determined our needs.





While all of the areas are important to the success of our efforts, this Working Group will focus on standardized information sharing.

WE NEEDED TO HEAR FROM THOSE WE SERVE.

THE RESULTS CONFIRMED OUR WHY.

York Daily Record

York County leaders look for community feedback on navigating health and human services

Angel Albring, York Daily Record Updated August 22, 2023 · 3 min read

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Leaders in York County are trying to make the local healthcare and human services coordination systems better and easier to navigate, but they need help from residents of York County.

The project, funded by the County of York, aims to find new ways to work together to improve community health and well-being, said Kevin Jackson, a consultant working with Family First Health.



in Jackson, a consultant working with Family First Health

ADVISORY COMMITTEE APPROVED STANDARDIZED INFORMATION SHARING AS A FOCUS

BI-DIRECTIONAL REFERRALS / SHARED INTAKE



UNIVERSAL RELEASE OF INFORMATION

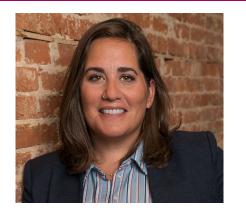


SIMPLIFIED LANGUAGE / TRANSLATION



NEW "WORKGROUPS OF THE WILLING" FORMED WITH AMAZING LEADERSHIP

BI-DIRECTIONAL REFERRALS / SHARED INTAKE



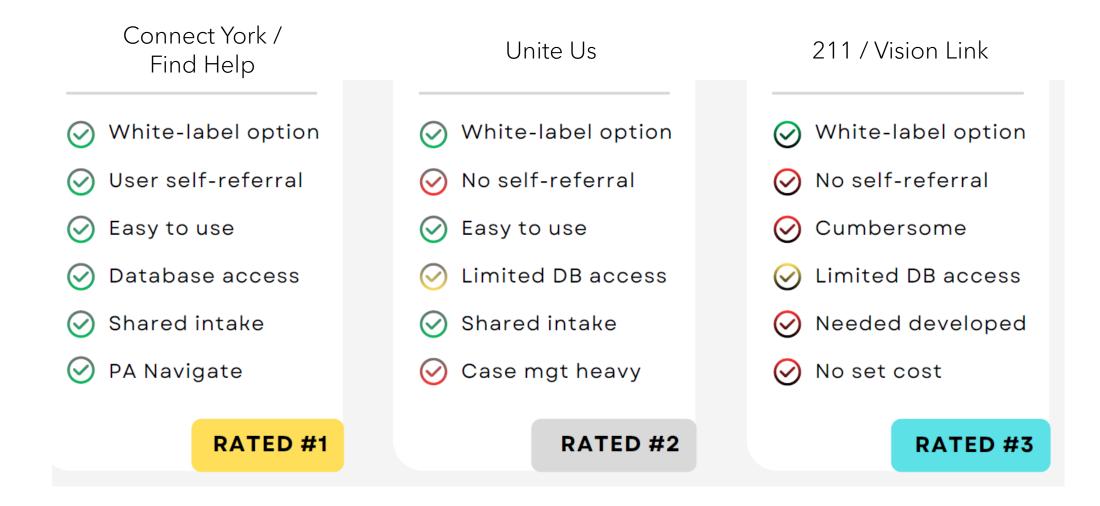
UNIVERSAL RELEASE OF INFORMATION



EDUCATION FOR CONTINUED COMPLIANCE



We evaluated our options and implemented a solution.



CONNECTYORK.ORG



WHAT IS IT?

WHY DO WE NEED IT?

HOW MUCH DOES IT COST?

WHY SHOULD I GET PLUGGED IN?

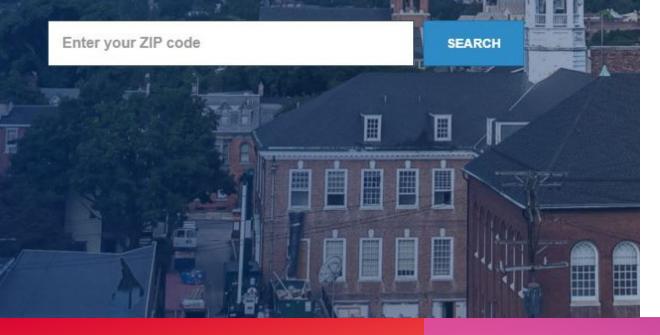
Connect York is a groundbreaking platform designed to revolutionize how we **connect** people to the help they need and streamline communications between nonprofits and service providers in York County.

It's **FREE** to all community members, nonprofits and service providers!

We all agree that health and human service systems have been fragmented. Silos have hampered our ability to provide **comprehensive care**, navigating our systems are difficult, there is opportunity for us to **communicate better** and deliver a **better experience** for our community members.

ONNECTING PEOPLE ND ORGANIZATIONS WITH RESOURCES

Search for food, housing, health, community programs in York County, PA and beyond



How does ConnectYork.org work?

A COMMUNITY MEMBER, NONPROFIT OR SERVICE PROVIDER SEARCHES FOR NEEDED RESOURCES BY ZIP CODE

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SING	GOODS	TRANSIT	HEALTH		MONEY	CARE
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•	G	D Program Filters	•		Income E	ligibility
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MURE INFU ¥	SHARE	NOTES	SUGGEST	<u>₩ KEFEK</u>
Who is this for?	 For myself or my I'm referring som 			×
Your Name *	Kevin		Jackson	
Tell	l us about the pe	erson you'	re helping:	
	Someone you've Co	onnected befo	ore:	
Use contact info on file *	Start typing their na	ime		×
	Connecting someon	e new:	·	Self
Their Name *	First Name		Last Name	
Their Email Address				
Their Phone Number				
Their Language	English			~
Best way to reach them*	□Email			
	□ Text message			
	Phone call			
	Don't reach out			
Comment	Add a comment			
Confirm Consent *	I have appropriate under 18) to:	consent from	the person or their guar	dian (if
	to this agency, an • Send them info a	d bout this prop	litional info through this gram through the Conne ses sent to them by the J	ect York

Self referral or refer someone else

"Inbound referrals" for the service provider with referral status

Referred On 🔹	Referral Status 👻 La	ast Updated 🔹					+ Add Referral
4 results							Rows per page: 20 🚽 1-4 o
Referred On ψ	Applicant		Referred By	Referral Status	Comment	Last Updated	Language
10/4/2024	Bob Bailey 🖾 New		Connect York QA	O Not Updated		10/4/2024	English
10/4/2024	Bob Bailey 2 Bob@gmail.com phone (717) 688-0055		Connect York QA Kevin Jackson	Select a Status O Not Updated (1) Needs Client Action		10/16/2024 Kevin Jackson - Connect York QA	English
10/4/2024	Anika Jones C anikajones@connectyork.org phone (717) 699-0050		Connect York QA Kevin Jackson	 Pending Referred Elsewhere 		10/4/2024 Kevin Jackson - Connect York QA	English
8/9/2024	Gregory Yorkdemo 2 phone (512) 859-3684		Connect York QA Chris Douglas	 ⊘ Got Help ⊘ Eligible ① Couldn't Get Help 		8/9/2024 Chris Douglas - Connect York QA	English
				Couldn't Contact	Rows per page: 20 💌 1	L-4 of 4 < >	
				Not Eligible			
				😣 No Capacity			
				• No Longer Interested			

"People I'm helping" view for the person/provider sending the referral

People I'm Helping

Assignee			Search name, email, or ID	Q Search					
Show All		*							
Follow Up Date			Name	Refer	Summary	Assignee	Email	Phone	Flagged
mm/dd/yyyy	mm/dd/yyyy		Bob Bailey	Refer	Summary		Bob@gmail.com	(717) 688-0055	
Date of Birth			Bob Jones	Refer	Summary		bjones@gmail.com	(717) 676-3000	
mm/dd/yyyy	mm/dd/yyyy		Kevin Test	Refer	Summary		kjackson@test.org	(717) 676-5000	
Primary Language			Anika Jones	Refer	Summary		anikajones@connectyork.org	(717) 699-0050	
Show All		*	Joe Jackson	Réfer	Summary		myemailaddress@gmail.com	(717) 555-1212	
Health Insurance			Malcolm Yorkdemo	Refer	Summary			(512) 859- 3 684	
Show All		•	Nat Jackson	Refer	Summary			(717) 676-2345	
Archived Profiles			Gregory Yorkdemo	Refer	Summary			(512) 859-3684	
Hide		*	Diana York	Refer	Summary		cdouglas+dianayork@findhelp.com		



No one on the other side of the court to take the referral in real-time.

stepping Stone Foundation is dedicated to	aid and assist per	sons, groups or	communities af	fected by	Next Steps:
risis or disaster as resources allow. We de				alathian	Call 814-335-2884.
 Main Services: disaster response, em nome goods, personal care items, toys & 		1000		clotning,	Serves nationwide
support network , temporary shelter					Waitlist: 8:00 AM - 5:00 PM EDT V
Serving: all ages, individuals, n	* SAVE	A SHARE	NOTES	SUGGEST	SEE NEXT STEPS
	-				





What to do in 5 easy steps...

1. GO TO THE CONNECTYORK.ORG WEBSITE AND CLICK THE LOGIN/SIGNUP BUTTON TO BECOME A USER.

TING PEOPLE SANIZATIONS ESOURCES

community programs in York County, PA and beyond

SEARCH

What to do in 5 easy steps...

2. CLAIM YOUR ORGANIZATION'S PROGRAM CARDS AND UPDATE THE INFORMATION (SERVICE DESCRIPTION, HOURS, ETC.)

TING PEOPLE SANIZATIONS ESOURCES

community programs in York County, PA and beyond

SEARCH

Connecting with Food Pantry YMCA York QA Online

Your program's Next Steps include a customizable teal "connect" button that allows people to easily connect to your program or inquire about services.

From the dropdown list below, please choose the best option for your program; this will be reflected on your program's connect button (learn more in our 🗹 support portal).

When someone is interested in your program, how should they connect with you?

Send us their name and contact information via findhelp in a secure email (default)

Fill out a screener application to determine eligibility

← Fill out an existing application, scheduler, or contact form

Schedule an appointment

⊗ Visit our website, call, or email us to receive services

The digest email summarizes recent activity and analytics for each of your claimed programs including new referrals, referrals that need updates, and closed-loop rates. The contact list above will receive this communication; select your preferred frequency below:

O Daily

Weekly (default)

O Every 2 weeks

O We don't want to receive digest emails

More info about our free tools:

Learn more about the suite of free tools we've created to help people in need access services that can help them.

Automate Your Eligibility

Collect and report on all the info

Reduce Back-and-forth

Allow client to book appointment, with automated email/sms reminders Low-barrier Inquiries

One-step Referral

Receive contact info by email when someone makes an inquiry or referral

What to do in 5 easy steps...

3. UPDATE YOUR PROGRAM CARD "CONTACT SETTINGS" TO START TAKING REFERRALS VIA THE PLATFORM.

PUBLISH

What to do in 5 easy steps...

4. SUGGEST NEW PROGRAMS THAT ARE NOT CURRENTLY ON THE PLATFORM.

TING PEOPLE SANIZATIONS ESOURCES

community programs in York County, PA and beyond

Π

SEARCH

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What to do in 5 easy steps...

5. START CONNECTING / REFERRING VIA THE PLATFORM.

JOIN AN IMPLEMENTATION TEAM OF YOUR PEERS THAT WILL MEET BI-MONTHLY.

LET KEVIN KNOW IF YOU NEED HELP.

Q & A

ConnectYork.org Connecting people and organizations with resources







THANK YOU

Kevin Jackson

717-676-7360

kjackson@familyfirsthealth.org

www.connectyork.org

Networking Break

15 mins



School Based Health

Nicole Tome School Based Health Center Manager

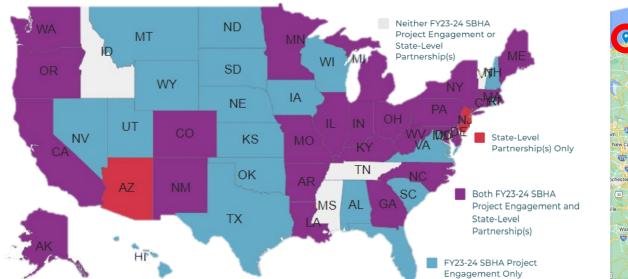
Family First Health

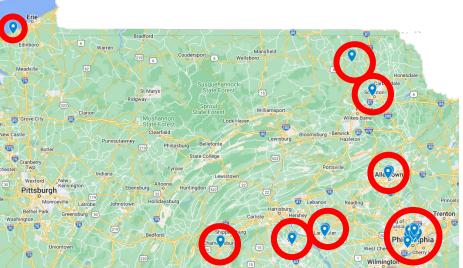
Family First Health School-Based Health

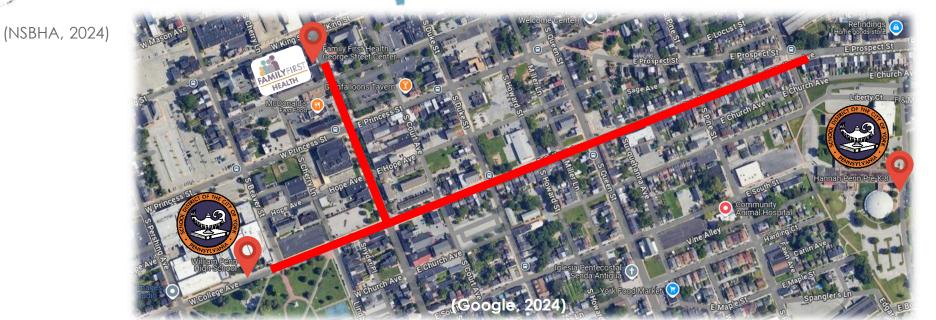
Nikole Tome, School-Based Health Center Manager ntome@familyfirsthealth.org

GOID www.familyfirsthealth.org

School-Based Health (SBH)







(PSBHA, 2024)



SBH Services

PrimaryIntegratedMedicalBehavioralCareHealth

Mobile School Dentistry Community Health Programs









All youth deserve to thrive.



William Penn Senior High Center







Hannah Penn Center











Integration





+









School Climate















Family First Health School-Based Health

Nikole Tome, School-Based Health Center Manager <u>ntome@familyfirsthealth.org</u>

FFO in F www.familyfirsthealth.org



WellSpan Mobile Mammography

Yeimi Bautista Community Engagement & CLAS Equity WellSpan Health

Stacey Rife Manager, Imaging Operations WellSpan Health



"Breast Cancer Screenings: Ensuring Equity and Improving Outcomes"

Yeimi (Jamie) Bautista, MA CTTS Community Engagement & CLAS Coordinator Stacey Rife, BS, R.T. (R) Manager Imaging Operations

> October 2024 Healthy York County Coalition

Why Screening?

- Improving Survival Rates
- Equitable Healthcare
- Reducing Mortality Rates
- Enhancing Quality of Life
- Long-Term Survival



Exceptional Care for All

- Culturally and Linguistically Appropriate services
 - Community Listening Sessions
 - Outbound call program for Spanish speaking patients
 - Mobile Mammography Unit



Mobile Mammography Unit



FY 24 Mobile Review

• Events

- Screening 133 days
- Marketing 8 days
- Patients Served **1281** (+270 from FY23)
- Cancers Detected 9 (+1 from FY23)
- Baseline Exams 259 (+51 from FY23)
- Follow ups 203 (+60 from FY23)
- Financial Assistance 118 (+55 from FY23)
- Patients Need Interpreter 125 (+ 10 from FY23)

Mobile Mammography Unit



To Reserve the Coach: call 717-466-2666

Once Scouting and site is approved, a host agreement will be sent, and your event will be scheduled. A flyer will be created for you to distribute for your event.

Important coach considerations:

Please be sure that your venue can accommodate the following requirements:

- The WellSpan Mobile Mammography coach is 41' 3" long and 13' 2" tall. Sufficient parking and maneuvering space are required in a paved, level area, approximately 10 parking spaces wide.
 - There should also be no low-hanging tree limbs that hang over this space.
 - It must also be more than 10' from high power lines.
- Additional space of approximately 5' wide is needed on the passenger side of the coach for stairs.
 Remember to allow for a participant walkway to the coach.
- The WellSpan Mobile Mammography coach runs on diesel fuel.
 - Be sure that there are no facility air intakes nearby.
- The WellSpan Mobile Mammography coach will be onsite for approximately six to eight hours.
 - Sufficient parking space must be reserved for this duration.
- As this will be a long day, please ensure that the WellSpan Mobile Mammography staff has easy
 access to restroom facilities.

Mobile Mammography Unit

- Schedule an Appointment
- Understand Insurance Coverage
- Access No-Cost Screenings: 717-851-5051
- Language Assistance
- Host a Screening Event: 717-GoMammo.



Mobile Mammography Unit

Patient experience







Thank you!

Natalie Williams Executive Director,

Healthy York Coalition